Piper Bruckmeier, MS, OTR/L

Occupational Therapist

Hometown: Montgomery, Alabama

Undergraduate Degree: St. Andrews College- Bachelors of Sports Medicine/Exercise Science

Graduate Degree: University of Alabama Birmingham - Masters of Science in Occupational Therapy

My name is Piper Bruckmeier, and I've been an occupational therapist for 23 years. My interest in OT began during an internship my senior year of college at an outpatient clinic. Oddly enough, I was shadowing a physical therapist, but I kept noticing an occupational therapist working with a stroke patient in the clinic kitchen, helping her find new ways to cook. I was fascinated and spent the rest of my internship with the OT. From that point forward, it's been a gift to watch my patients take on the world, adapt it to fit their lives, and live meaningfully.

I've worked in a variety of settings, but I learned early in my career that treating patients in their homes is my passion. I love getting to know my patients and their families and being invited into their world.

I'm married with three children, and my family loves to travel, spend time at the beach, and hang out with friends. As a mom of three teenagers, I love the flexibility MTS gives me. I especially value the full hour of treatment I get to provide. It's quality time, and I truly feel I can accomplish so much towards reaching my patients' goals.