

Matthew Sigua, PT, DPT

Physical Therapist

Hometown: Irvine, CA

Undergraduate Degree: California State University Fullerton - Bachelor of Science - Kinesiology, Exercise Science

Graduate Degree: University of the Pacific - Doctorate in Physical Therapy

Matt graduated with his Bachelor of Science degree from Orange County's very own, California State University Fullerton. He then went on to complete his Doctorate of Physical Therapy Degree from University of the Pacific, where he gained clinical experience treating and working with professional athletes at the UFC Performance Institute in Las Vegas, Nevada.

Matt's clinical approach focuses on restoring mobility, strength, and confidence through personalized treatment plans based on the latest evidence and clinical best practices. His expertise of treating orthopedic musculoskeletal and post-surgical conditions result from his passion for helping patients reach their movement goals through evaluation and hands-on treatment.

In his spare time, Matt enjoys trying new restaurants, watching movies, strength training, playing pickleball, and playing games with his cats!