

Jamil Kassam, PT, DPT

Physical Therapist

Hometown: Santa Ana

Bachelor's Degree: San Diego State University - Bachelor of Science in Kinesiology, Pre-Physical Therapy.

Graduate Degree: University of Saint Augustine for Health Sciences in San Marcos, Doctorate of Physical Therapy.

My name is Jamil Kassam and I am a Doctor of Physical Therapy. I was introduced to the world of Physical Therapy when I was 14 years old after having suffered a serious high ankle sprain to my left ankle while wrestling competitively. I needed to have my ankle immobilized for three months, after which I required extensive Physical Therapy. I fell in love with the field immediately, as I have a strong passion for helping others.

I feel very fortunate to work in this field, as I love helping people achieve their goals through creating a custom exercise program that is designed to help connect the dots between where they are currently, and where they want to be. I truly feel that every day that I am at work, I am making a difference in someone's life.

Outside of work I love being outdoors with my dogs, staying active through weight lifting and practicing mixed martial arts, running marathons and Spartan Races, but above all, I love spending quality time with my family.