

Heather David - PT, DPT

Physical Therapist

Hometown: Huntington Beach, CA

Bachelor's Degree: San Diego State University - Kinesiology / Pre-PT

Graduate Degree: University of St. Augustine, San Marcos - Doctorate of Physical Therapy - High Honors

I was introduced to physical therapy after a car accident at 11 years old, leaving my dad with a meniscus tear and myself with a neck injury. I was so interested in the progression of rehab and how quickly we both improved simply through exercise and manual therapy. I loved the energy of the physical therapists and how much fun we had each visit. From then on, I strived to become one of those physical therapists and create a fun environment to recover.

Since graduating with my Doctorate in Physical Therapy in 2018, I have had exposure to a wide variety of patient diagnoses, ages, activity levels, and settings ranging from outpatient clinics to home care. I have a great interest in home care and really enjoy getting one-on-one time with my patients as we work hard to regain their function. I love getting to know my patients and seeing their old family photos! I am so grateful to be a part of the Mobile Therapy Specialists team as we are all in alignment to give the best patient care possible.

In my free time I enjoy trying new workout classes, going to the beach, traveling with my husband, and playing with my two Pomeranian puppies.