

Britney Baker, MSOT, OTR/L, CNS, PAMs

Occupational Therapist

Hometown: Yorba Linda, CA

Undergraduate Degree: The University of San Diego - Bachelors in Psychiatry

Graduate Degree: A.T. Still University - Masters of Science in Occupational Therapy

My name is Britney Baker, and I've been working as an occupational therapist for over two years. I earned my degree in psychology from the University of San Diego in 2019 and went on to complete my Master's in Occupational Therapy at A.T. Still University in Mesa, Arizona. Along the way, I've gained experience in adult neuro, orthopedic outpatient care, and sensory integration, which has helped me grow into a well-rounded therapist. I also earned my neuro specialization, allowing me to better support patients with neurological conditions and provide more focused, individualized care.

I'm passionate about helping people get back to doing the things they love. I enjoy creating fun and meaningful treatment plans that keep patients motivated and engaged throughout their recovery, while focusing on what matters most to each individual.

Outside of work, I enjoy giving back to the community, especially through volunteering with adaptive sports programs. In my free time, you'll usually find me at the beach on a sunny day or up in the mountains snowboarding during the winter.

Working with MTS has been a great fit for me. Having a full hour with each patient allows me to really focus on their needs and address all areas of concern. Treating patients in their homes and out in the community also gives me the opportunity to work on real-life challenges in real-life settings, making therapy more practical and effective. I appreciate the flexibility in scheduling as well, which helps me maintain a healthy work-life balance!

I'm proud to be part of a team that prioritizes quality care and truly makes a difference in patients' lives.