

Christina Brown PT, MSPT

Physical Therapist

Hometown: Huntington Beach, CA

Undergraduate Degree: University of the Pacific - Bachelors of Sports Medicine

Graduate Degree: University of the Pacific - Masters of Physical Therapy

My name is Christina Brown. I have been a physical therapist for 26 years, graduating from the University of the Pacific in 1998 with my master's in physical therapy. I also attended UOP for my undergraduate degree while playing division 1 basketball for the Lady Tigers. I met my husband, Ray, a volleyball player at UOP and we have been married for 26 years. We have two beautiful girls who are now experiencing college adventures of their own. Taylor is 22 and attends San Jose State and Keira is 20 and attends Cal Poly, San Luis Obispo.

I began my career practicing outpatient orthopedic physical therapy with Restor Physical Therapy and Jarrett Orthopedic Rehabilitation both here in North Orange County. Once my girls' involvement with school and sports increased, I found it difficult to attend activities they were involved in. I was introduced to Bob Decker, the owner and founder of Coastal Home Health, and began working with his home health company in 2007. We were recognized as the premier orthopedic home health physical therapy group handling most of the total joint surgeries in Orange County. Coastal eventually became Seacrest and was acquired by St. Josephs and Providence. Our team then transferred to Hoag at Home three years ago when Hoag formed a Home Health Department.

It has been an amazing niche to work in home health with these organizations. Transitioning to MTS has allowed me to continue to practice physical therapy in a setting where I am able to spend quality time with patients, implement a comprehensive treatment approach and follow a plan of care through to an eventual successful outcome.

I currently live in Huntington Beach with my husband, Ray, empty nesting, surfing, playing volleyball, working in my vegetable garden and being grateful for every moment.