

Fergie Mercado, PT, DPT

Physical Therapist

Hometown: Lake Forest, CA

Bachelor's Degree: University of California, Irvine - Biological Sciences

Graduate Degree: University of St. Augustine, San Marcos - Doctorate of Physical Therapy

My name is Fergie Mercado and I am an Orange County native. I was introduced to the world of physical therapy after suffering a shoulder injury from competitive dragonboat paddling and outrigger canoeing. After working through my own injury with amazing physical therapists and returning to my sport, I've been involved in the physical therapy field since 2015, and earned my own doctorate in physical therapy in 2021.

Since graduating, I have been primarily working in outpatient orthopedic clinics. I love to work with patients to learn their own individual stories to help guide them through their rehab journey. It has been so rewarding to help patients regain their strength and mobility so that they can return to doing things they love. I am so excited to be involved with Mobile Therapy Specialists to bring quality, one-on-one physical therapy to my patients.

Outside of work, I enjoy spending time with my family, paddling at the Newport Aquatic Center, and keeping my houseplants alive.