

Ashley Huang, PT, DPT, CSCS

Physical Therapist

Hometown: Irvine

Bachelor's Degree: Oakland University – Bachelor of Science - Health Science/Exercise Science

Graduate Degree: Oakland University - Doctorate of Physical Therapy (2021)

Ashley graduated with her Bachelor of Science and Doctorate of Physical Therapy from Oakland University in the beautiful, wintery state of Michigan. Prior to her college and post-grad studies, she had lived in California for many years and is now happy to be back in the sunshine with her family.

Ashley's physical therapy expertise lies in the evaluation and hands-on treatment of orthopedic musculoskeletal conditions, emphasizing individualized exercise and movement as the primary means of recovery for all ages and skill levels. She is influenced by her passion for strength training, team sports (especially basketball) and most of all, people!

Outside of the clinic, Ashley enjoys training and competing regularly in Brazilian Jiu-Jitsu, playing sand volleyball, and exploring new places with family and friends.