

Michele Zygman, PT

Hometown: Detroit, Mi

Bachelor's Degree - Psychology : University of Michigan 1986

Post-Baccalaureate Degree - BS Physical Therapy 1989

My name is Michele Zygman. After finishing my studies at PT school, I moved from Birmingham Mi to Chicago in 1991 and worked at the Rehabilitation Institute of Chicago, specializing in stroke rehabilitation and geriatrics. There I had the opportunity to participate in research projects dealing with the post stroke population.

In 1998, I started Personalized Physical Therapy, a private home physical therapy company that provided PT to people who wanted to continue with therapy after insurance had been exhausted. It was very rewarding to focus on quality treatment with my patients. This venture led me to meet my husband Ahron. One of my first patients introduced us. Twenty two years later, we have 2 beautiful grown kids and a wheaten terrier, Linus.

Since then, I have worked in home health and then at ATI Physical Therapy, a high volume outpatient orthopedic clinic. We recently moved to Huntington Beach and we are loving our new California life. I feel that meeting Lee and Pat was the icing on the cake. I can treat my patients the way I've always dreamed and give them the quality care they need and deserve.