

## **Alyssa Hirata, OTR/L**

*Occupational Therapist*

**Hometown:** Cerritos, CA

**Undergraduate Degree:** California State University, Long Beach- Bachelor of Arts in Psychology, minor in Chemistry

**Graduate Degree:** Stanbridge University- Master of Science in Occupational Therapy

My name is Alyssa Hirata. I have been working as an occupational therapist since 2018. I have experience in acute inpatient rehabilitation, skilled nursing, and outpatient assisted living settings where I have worked with adults and older adults with a variety of diagnoses. As an occupational therapist, I love being able to help people improve their life skills and overcome challenges to promote safety and independence in daily living tasks. Providing high-quality, compassionate care and motivating clients to succeed in achieving their meaningful goals is what I find so valuable and rewarding about being an occupational therapist.

I am very excited and humbled to join Mobile Therapy Specialists as their first occupational therapist at their assisted living facility location. I especially enjoy being able to work with residents, one-on-one in their home environment, to facilitate successful aging in place.

In my free time, I enjoy traveling, exercising, playing basketball, watching the Lakers, and spending time with my family and friends.