

Makayla Shean PT, DPT

Physical Therapist

Hometown: Newport Beach, CA

Undergraduate Degree: Texas Christian University – Bachelor of Science, Kinesiology

Graduate Degree: Chapman University – Doctorate of Physical Therapy

My name is Makayla Shean. I grew up in Newport Beach and I have a background in competitive dance. My initial interest in physical therapy started because of my grandmother, a fellow physical therapist. My interest in the field grew as I earned my Bachelor of Science in Kinesiology at Texas Christian University. I loved learning about the body, exercise science, and rehabilitation, as it paired well with my dance background. I also earned my yoga instructor certification that furthered my interest in physical and mental wellness. This all led me to earn my Doctorate of Physical Therapy at Chapman University.

I have experience as a physical therapist in outpatient orthopedic clinics and skilled nursing facilities. I enjoy helping people improve their quality of life, improve their functional mobility, and achieve their goals through personalized, quality care. I am excited and grateful to be a part of the MTS team to bring excellent, one-on-one physical therapy to Orange County.

In my free time, I enjoy going to the beach, hiking, and spending quality time with my family and friends.