

**Michelle Fischer, PT, DPT**

*Physical Therapist*

**Hometown:** Rancho Santa Margarita, CA

**Bachelors Degree:** Kinesiotherapy with a minor in psychology from CSULB in 2008

**Graduate Degree:** Doctor of Physical Therapy from Chapman University in 2012

My name is Michelle Fischer and I have been working in an outpatient clinic as lead physical therapist for 10 years. I have worked with a wide variety of patients ranging from professional athletes to very complex neuromusculoskeletal injuries and diagnosis. I am trained in an eclectic blend of manual therapy techniques that combine biomechanics, functional movement, and neurodynamics in order to treat the patient as a whole. Over the years I have furthered my training by taking continued education courses in Maitland, as well as visceral mobilization, and postpartum rehabilitation.

I grew up playing many different sports, but soccer was my passion. I played in intramural and recreational soccer leagues until I was 30. I also enjoy snowboarding, hiking, and running. I have been married to my husband Mike for 6 years and we have two beautiful children. We love spending family time together camping in the mountains or at the beach, going to the river, and playing in the pool.

I am looking forward to working with MTS to bring quality one on one outpatient manual therapy to people who like the convenience of their homes.