

Ashley Jones- PT, DPT

Physical Therapist

Hometown: Fallbrook, CA

Bachelor's Degree: Pennsylvania State University- Kinesiology / Exercise Science -

Honors Graduate Degree: University of Melbourne- Doctorate of Physical Therapy

Ashley Jones DPT has been working in the health and wellness space since 2014. She started as a personal trainer but quickly became eager to advance her knowledge to help people recover from injury. This desire combined with her own injury and rehab, led her to the field of physical therapy. Ashley enjoyed the results and trust she built with her Physical Therapist and wanted to offer that to others.

In 2018 she earned her Doctorate in Physical Therapy and has been working with a wide range of patients ever since. Special areas of interest include orthopedics, manual therapy and exercise science. Ashley enjoys helping people increase quality of life, reduce pain and gain function.

Ashley loves to travel and even lived four years down under in Australia! Her interests include traveling, exercise, and spending time with family and friends.