

## **Joelle Shoemaker, PT**

*Physical Therapist*

**Hometown:** North Tustin, CA

**Bachelor's Degree:** California Polytechnic University, San Luis Obispo -  
Bachelor of Science, Physical Education/Corporate Fitness

**Graduate Degree:** University of Southern California - Masters of  
Biokinesiology and Physical Therapy

My name is Joelle Shoemaker. I have been working as a licensed physical therapist since 1995. I started my physical therapy career at ProSport Physical Therapy in Newport Beach, transitioning to the office in Rancho Santa Margarita in 2003. In the 26 years with the company, I have treated thousands of outpatient orthopedic patients, from professional level to the youth sports athletes, along with everything in between. I also served as the clinical director for two years, mentoring new young clinicians and ensuring quality care to each and every patient. My continuing education focus has been on functional movement and although I do love doing manual treatment, restoring normal movement patterns is my passion.

I have been married to my husband Bobby for 25 years and we have two children that I would describe as my most proud achievement. Bobby has had his own very long 25+ year career with Marriott. Jordan, my daughter is 22 years old and will be graduating from SDSU with the goal to get her teaching credential to teach high school math, and my son Cole is 20 and is heading to CSULB this year to study Technical Theater specializing in all the backhouse entertainment.

We have lived in Rancho Santa Margarita for 17 years, and I have been involved in the community with both school foundations and youth sports board of director positions. I come from a family of youth sports coaches, specifically softball and football, and myself have been involved as a coach for softball since I was in

college. I also am a recreational runner and have run with a group of women across the US for Ragnar Relays for the last 10 years. Returning people back to their previous level of activity is what I love about my job, as being active has been a part of my life since I was very young.

I am absolutely thrilled to be joining the MTS Team! The ability to spend one on one time with each patient throughout their treatment sessions is something that has been fading away in outpatient clinics and it is time that we get that back. Our patients deserve it!